

## Flat Peyote Stitch Refresher

Instructions by Gail DeLuca
These are some basic instructions to illustrate Peyote Stitch. Use Peyote Stitch and follow the enclosed patterns to create the projects.

## How to use these instructions:

These steps teach the stitch - the number and placement beads will be determined by your pattern. Start your pattern by string every bead for the first two rows of the pattern. To follow the pattern, remember each row adds half the number of beads you strung to start.

1. Begin with a 6 ' length of thread. Add a stop bead, leaving a tail long enough to thread a needle and weave in.

2.String the first two rows of the pattern.

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3.String a bead, and stitch through the second to last bead in step 2 (stitch with needle pointing toward tail end of beadwork.) Pull the thread snug, and there should be a little T formed where you just added a bead. (Check your tail to make sure it is still 12" long.)
4.String another bead skip a bead and stitch through the next bead.
5.Repeat step 4 until you have added all beads in the row.

Continue adding rows by following the sequence of beads in your pattern.

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