Supply List
For each bangle, you’ll need:

- Size 11 seed beads – 1 gram
- Size 15 seed beads – 3 grams
- 4mm Swarovski bicones – 26-36, depending on bangle size
- CzechMates 2-hole Tile beads – 26-36, depending on bangle size
- SuperDuos – 26-36, depending on size (3 grams)
- Fireline, 6lb
- Size 10 needle

Follow along with the free YouTube video at: https://youtu.be/8xs2Kbd8aX0
I am happily obsessed with these bangles!! I had so much fun putting together the color combos, and I’ve only scratched the surface of the fun that can be had. Even better? They’re super easy and pretty fast to make.

**Step 1 – Create the Tile Bead Base**

Using a maximum of 6-8 feet of Fireline (called thread through the rest of the instructions) pick up a Tile bead and a size 11 seed bead. Keep alternating these two beads until you have roughly enough beads to encircle the widest part of your hand (when held like you would to put on a bangle.)

Starting from the tail end, pass through the first couple of beads added again to form a circle. End by passing through a Tile bead.

Then turn around and pass through the second hole of the same tile bead – the thread will sit along the edge, but it won’t show when the bangle is complete.

Now working in that direction, connect each Tile bead through those second holes by adding a size 11 seed bead between them.

You can tie off the tail thread to help keep the tension at any point now.
That’s your first and second passes – all done! Before you go any farther, check the fit of the bangle over your hand. The size will not change after this step, so now’s when you want to make sure it’s right. If necessary, start over with more or fewer tile beads. Make a note of your perfect number for the base when you find it!

**Step 2 – Add the SuperDuo Bridges**

If you haven’t already, go ahead and tie off the tail thread now.

On the next pass around the bangle, we’re going to add some picots to the seed beads between each Tile bead – the “trick” is that the tip of each picot will be a SuperDuo bead!

**First Side**

Work your thread forward so it’s exiting any one of the size 11 seed beads. Then pick up:

- 1 size 11 seed bead
- 1 SuperDuo
- 1 size 11 seed bead

Pass back through the same seed bead your thread is exiting on the base – you’re making a circle around it. You can also pass forward through the next Tile bead and through the next seed bead to get in position to do the next picot.

Repeat adding this picot all the way around one side of the bangle.

**Second Side**

After you’ve finished Side 1, make another u-turn at the base of a Tile bead so you can work on the opposite side of the bangle. Again, end by coming out a seed bead.

This time, you’re doing the same thing as the first side, BUT when you pick up the SuperDuo, you’re going to “pick it up” by using the SuperDuo from the first side and passing through the second hole of that bead to do it.

So…pick up a size 11 seed bead, then fold the SuperDuo over the top of the bangle, and pass through the second hole of the bead (you’ll be passing that needle towards yourself.)

Then pick up another size 11 seed bead and pass forward through the seed bead on the base that you originally exited, plus move forward through a Tile bead and a seed bead to get in position to add another connection.

Repeat all the way around the bangle.
Step 3 – Add the Crystals
One more set of passes around the bangle and it will be complete!

First Side
This time we need to move our thread so it’s exiting one of the SuperDuos on top.

With the thread exiting a base seed bead, pass up through the seed bead on the side, and then through the nearest SuperDuo hole.

Pick up:
- 1 size 15 seed bead
- 1 4mm bicone
- 1 size 15 seed bead

Pass through the next SuperDuo hole straight ahead. Repeat all the way around the bangle. Use a VERY LOOSE tension as you do this!! All the extra thread will get used up on the second pass around. I promise.

Second Side
Finish by passing through the first size 15 seed bead and the first bicone you put on. Now pick up 1 size 15 seed bead and pass through the second hole of the SuperDuo.

Pick up 1 size 15 seed bead and pass through the next bicone. Then pick up 1 size 15 seed bead and pass through the second hole of the next SuperDuo.

Repeat all the way around the bangle. When you get to the end, you’ll still have to fill in that one missing size 15 seed bead at the base of the first bicone. After that, you’re done!

Finish off any remaining threads and enjoy your bangle!!

Please Note:
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1. You may sell any work made from the pattern if you yourself hand-created the piece (in other words, no mass production). It would be nice if you credited the designer as well.

2. You may not use our projects and/or patterns to teach a class, with the exception of free YouTube projects, which you may teach. A list of free YouTube patterns which may be taught can be found at http://shop.jillwisemandesigns.com/free-patterns/.