



Demure Duos

Instructions by Gail DeLuca

Simply the easiest SuperDuo wrap bracelet project ever!

Refer to my blog on the Fundamentals

<http://www.whitefoxbeads.com/bead-weaving-fundamentals-essential-stuff-for-successful-stitching/>

for information on adding thread, clasp ideas and more.

Try it with Mini Duos!

Just use ALL size 15 seed beads with the MiniDuos for a super dainty variation!

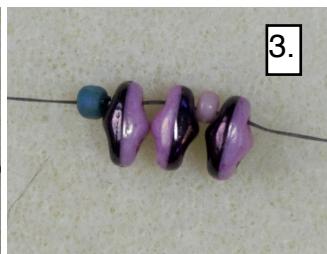
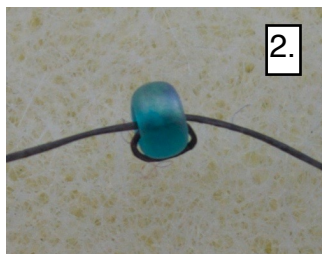
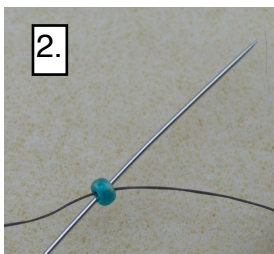
Tools and supplies

- Size 15 seed beads. (about 1 gram per 7 1/2")
- Size 11 seed beads. (about 1 gram per 7 1/2")
- Superduo Duets, two color beads. (about 6 grams per 7 1/2")
- Beading thread - Fireline 6lb
- Size 10 beading needle
- Bead blanket or other work surface
- Scissors and/or thread burner
- Clasp (example shows a magnetic clasp)



Note: This tutorial is written for using Superduo Duets, a bead with two colors. This works great with single colored SuperDuo beads AND you won't need to pay attention to the color! I left the tutorial as it is so you can use it for the Duets if you like.

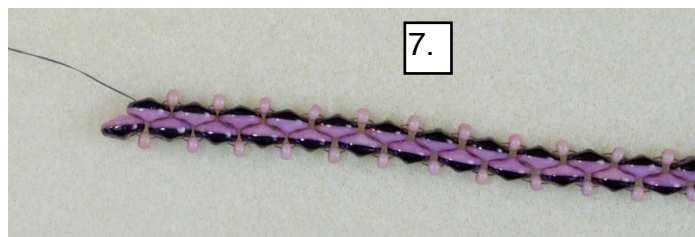
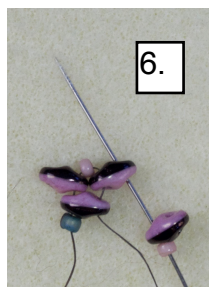
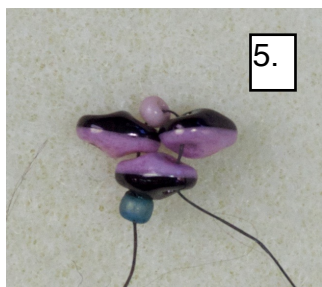
1. Thread a needle on a 4' length of thread.
2. Add a stop bead, leaving a 3" tail (a different color from your project beads helps tell the difference later! We are using a short tail in this project because we will be able to use the working end of the thread to add both clasps. You'll need just enough tail to tie off at the end.)
3. String two Duos through the dark side first, another through the light side first, a size 11, and another duo through the dark side first.
4. Stitch through the first Duo, stitching through the second hole light side first.



Gail DeLuca • www.whitefoxbeads.com • White Fox Beads

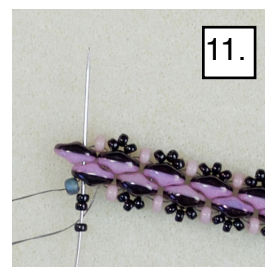
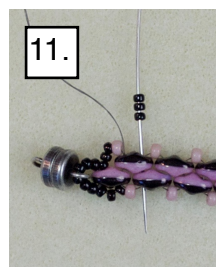
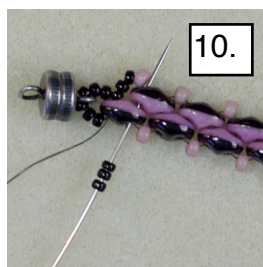
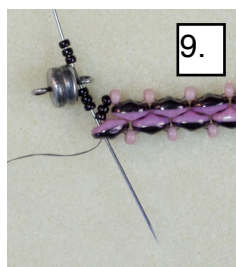
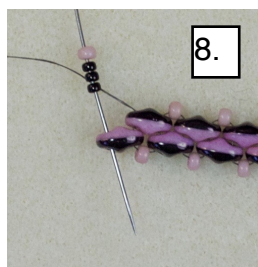
Copyright 2019. These instructions were carefully and thoughtfully written for your learning and enjoyment of the techniques presented. While we encourage sharing of techniques, copying or distribution of this document or any portion of it is not playing nice and just happens to also be against the law without written permission of White Fox Beads. You are welcome to make and sell completed projects using this pattern.

5. When you have pulled the thread all the way snug, the beads should sit like this.



6. String a size 11 seed bead and a Duo through the dark side, then stitch through the empty hole of the previous Duo. The Duos should all be lining up light sides together.

7. Repeat Step 6 until you reach the desired length.



8. String one size 11 and three size 15 seed beads and stitch through the empty hole of the end Duo, stitching through the light side first.

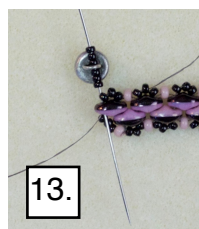
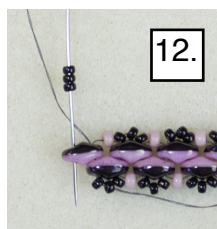
9. String three size 15 seed beads, your clasp, and three size 15 seed beads then stitch through the same duo your thread is exiting, stitching through the light side first. Reinforce clasp by stitching through these beads at least 2 more times, exiting the Duo last.

10. String three size 15 seed beads and stitch through the Duo's other hole, dark side first, **then** through the adjacent Duo - you will be stitching all the way through to the other side.

11. Repeat step 10 along the length of your project, finishing with the Duo next to the stop bead. You can now remove the stop bead.

12. String three size 15 seed beads and stitch through the end Duo's empty hole.

13. Add the other half of the clasp as in step 9. Weave in and tie off tails and you're done!



A few notes:

- The sample is done with the dark side out - reverse it if you like!
- I used two different colors of seed beads for illustrative purposes, though I do like the look. You could use the same color for the 11s and 15s if you like. In this sample, all black would look fantastic!
- Make it double or triple length for a wrap bracelet.