



Russian Spiral

Instructions by Gail DeLuca

Russian spiral can be worked in many combinations of beads. This tutorial uses size 8 and size 11 seed beads, and you'll end up with a beautiful, sturdy rope you can wear on its own or hang pendants or other designs.



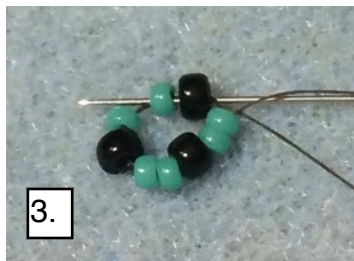
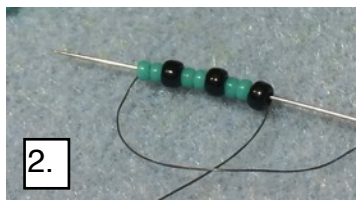
Refer to my blog on the Fundamentals

<http://www.whitefoxbeads.com/bead-weaving-fundamentals-essential-stuff-for-successful-stitching/> for information on adding thread, clasp ideas and more.

Tools and supplies

- Size 8 seed beads
- Size 11 seed beads
- Size 10 Beading Needle
- Beading thread (Nymo, Sono, K.O., One-G or Fireline 6lb)
- Bead blanket or other work surface
- Scissors and/or thread burner if using Fireline
- Clasp.

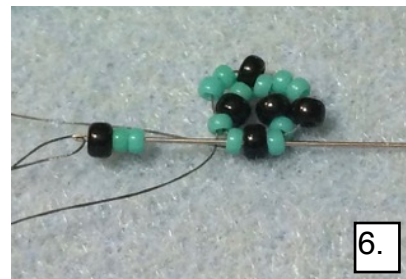
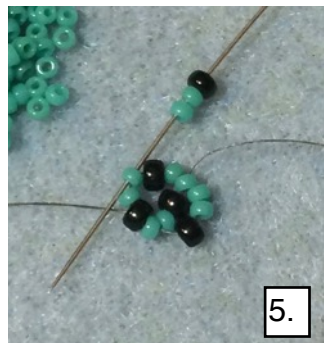
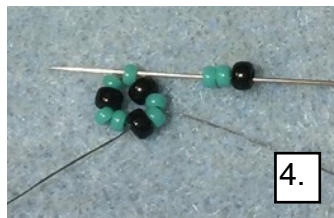
1. Thread a needle on a 4' length of thread.
2. String one 8, two 11s, one 8, two 11s, one 8, and two 11s. Stitch through all the beads again, forming a circle.
3. Stitch through two more beads so that your thread is exiting between two size 11 beads.



Gail DeLuca • www.whitefoxbeads.com • White Fox Beads

Copyright 2017. These instructions were carefully and thoughtfully written for your learning and enjoyment of the techniques presented. While we encourage sharing of techniques, copying or distribution of this document or any portion of it is not playing nice and just happens to also be against the law without written permission of White Fox Beads. You are welcome to make and sell completed projects using this pattern.

4. String one 8 and two 11s. Locate the next 8 in the circle and stitch through the 11 just after it.



5. String one 8 and two 11s. Locate the next 8 in the circle and stitch through the 11 just after it.
6. String one 8 and two 11s. Locate the next 8 in the circle (this should be one of the beads strung in step 2) and stitch through the 11 just after it, AND to step up, also stitch through the size 8 added in step 3 and then the 11 just after it. This completes one row.
7. Push the beads together with your fingers to start to form a tube and repeat steps 4-6 until you get the length you need.
8. Attach a clasp by making a loop at each end with about 7 size 11 seed beads. You may attach the clasp directly to the loop, or use an oval jump ring to attach clasp of choice. Reinforce this attachment by passing through these beads several times.

Tip: A step up is simply stitching through additional beads to get the thread in position to begin the next row. Remember to do your step up at the end of each row.



A complete section should show the size 11 and size 8 seed beads spiraling as in the photo at left.

Try other combinations including using three different colors of size 8s for more stripes, or substitute a size 15 for the 11s and an 11 for the size 8s for a smaller rope.