



## Sparkles and Spinners

Instructions by Gail DeLuca

This takes a basic Russian spiral stitch and adds faceted microspacer beads to make it extra sparkly. Add some spinner beads, and you have the ultimate fidget necklace.

Refer to my blog on the Fundamentals

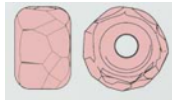
<http://www.whitefoxbeads.com/bead-weaving-fundamentals-essential-stuff-for-successful-stitching/>

for information on adding thread, clasp ideas and more.



### Tools and supplies

- Size 8 seed beads
- 2x3mm Faceted MicroSpacers (MS)
- Size 11 seed beads
- Size 15 seed beads
- Superduo beads
- Size 10 Beading Needle
- Beading thread (Nymo, Sono, K.O., One-G or Fireline 6lb)
- Bead blanket or other work surface
- Scissors and/or thread burner if using Fireline
- Clasp.



### IMPORTANT:

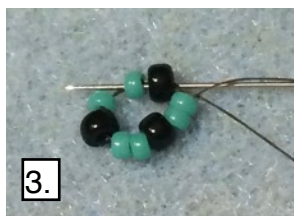
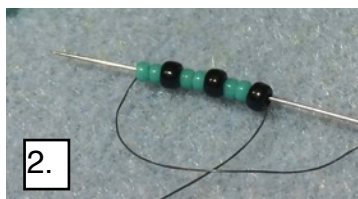
The rope directions that follow are for basic Russian Spiral. To make the Sparkle Rope using the MS beads, substitute one of the size 8 beads in the base row (step 2) with a Faceted MicroSpacer (MS). ***As you stitch, make sure that each time you add a MS bead, it sits above a MS bead in the previous row.*** The sequence in which you add the MS bead will vary from row to row - some rows you will add one, two, or none of the MS bead. Just watch as you go, and make sure that they line up into a spiral. Your finished rope will appear to have two size 8 spirals and one MS spiral as in the photo at right.



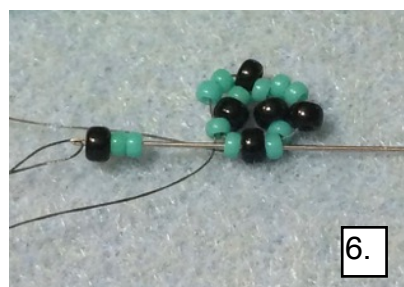
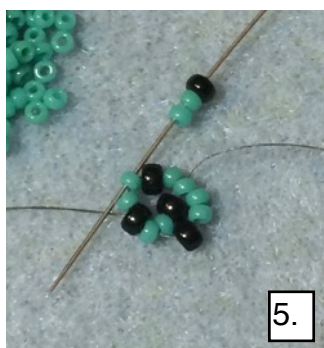
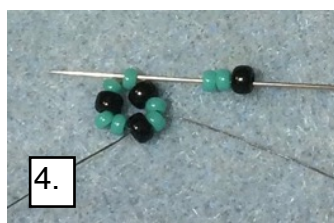
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1. Thread a needle on a 4' length of thread.
2. String one 8, two 11s, one 8, two 11s, one 8 (or MS), and two 11s. Stitch through all the beads again, forming a circle.
3. Stitch through two more beads so that your thread is exiting between two size 11 beads.



4. String one 8 and two 11s. Locate the next 8 in the circle and stitch through the 11 just after it.



Tip: A step up is simply stitching through additional beads to get the thread in position to begin the next row. Remember to do your step up at the end of each row.

5. String one 8 (or MS) and two 11s. Locate the next 8 in the circle and stitch through the 11 just after it.
6. String one 8 and two 11s. Locate the next 8 in the circle (this should be one of the beads strung in step 2) and stitch through the 11 just after it, AND to step up, also stitch through the size 8 added in step 3 and then the 11 just after it. This completes one row.
7. Push the beads together with your fingers to start to form a tube and repeat steps 4-6, aligning the MS beads above the MS beads in previous rows until you get the length you need.
8. Attach a clasp by making a loop at each end with about 7 size 11 seed beads. You may attach the clasp directly to the loop, or use an oval jump ring to attach clasp of choice. Reinforce this attachment by passing through these beads several times.



Tip: If your clasp is too large to fit through the spinner beads, complete the spinner beads and string onto rope before permanently attaching clasp.

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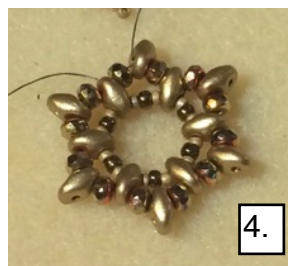
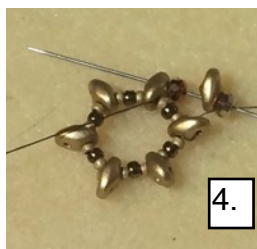
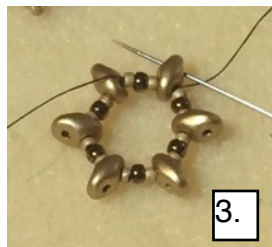
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## Spinner Bead

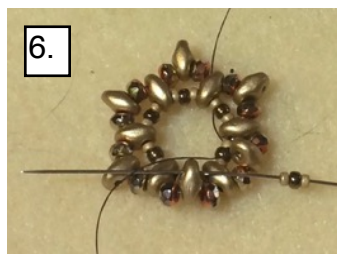
1. String a sequence of one 15, one 11, one 15, one Superduo, and repeat a total of 6 times.
2. Stitch through all the beads again, forming a circle, and stitch through 4 more beads so the thread is exiting a Superduo.



3. Stitch through the other hole of the same Superduo your thread is exiting.
4. String a MS, a Superduo, and another MS and stitch through the empty hole of the next Superduo. Repeat this step for a total of 6 times around the circle.
5. Stitch through the other hole of the same Superduo your thread is exiting.



6. String a 15, an 11 and a 15 and stitch through the empty hole of the next Superduo, folding the Superduo in toward the center. Repeat this step for a total of 6 times around the circle, folding in each Superduo toward the center as you go.



7. Stitch through the beads in step 6 another time to reinforce, then weave in thread ends to finish.

8. Make as many of these spinner beads as you like to adorn your necklace!