

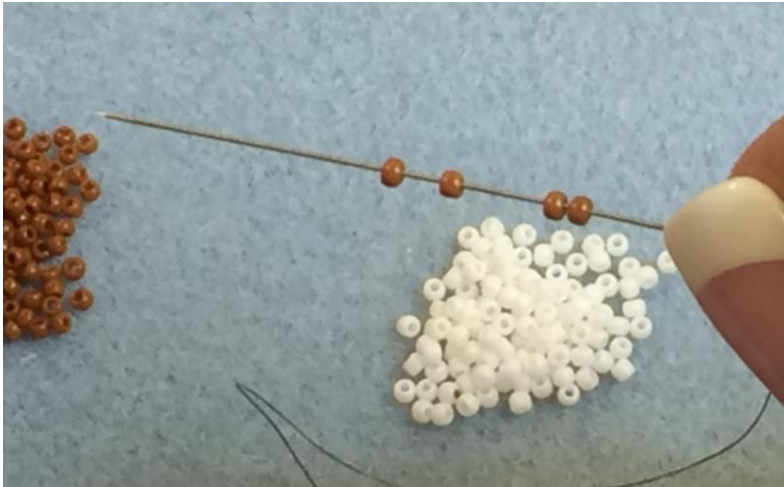
This is a triple wrap bracelet of flat, 2-drop herringbone with inclusions.

### Materials:

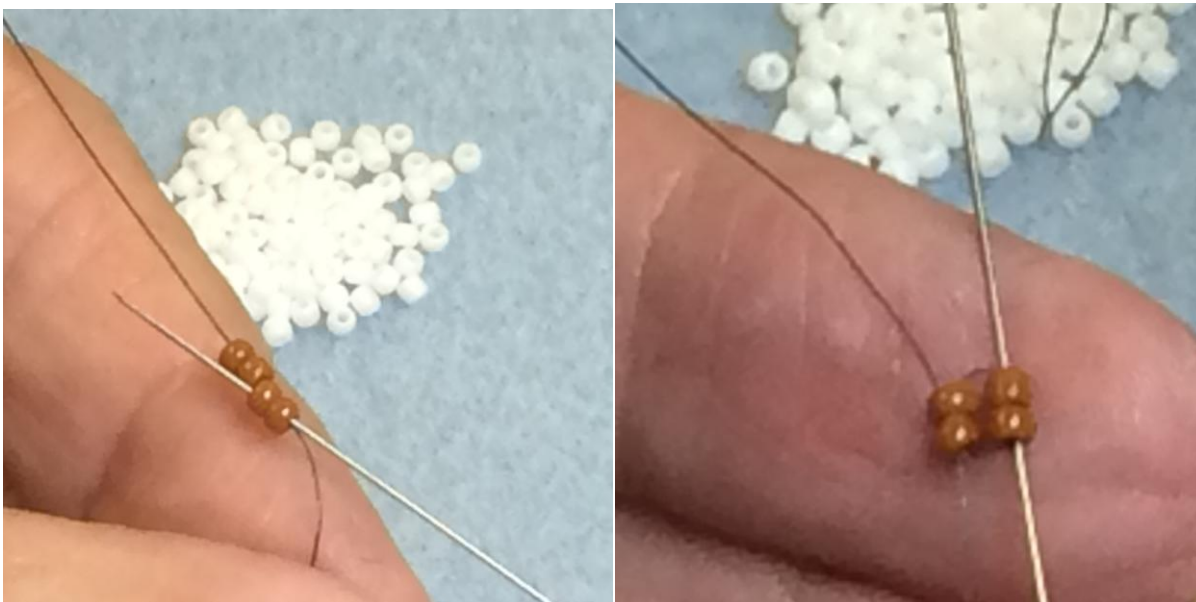
2 colors size 11 seed beads= Colors A & B  
1 color size 8 seed beads  
10 mm gemstone (or other material) bead  
1" button or large bead for closure

Start with a 2 drop ladder stitch as follows:

Working from left to right, pick up 4 A beads.

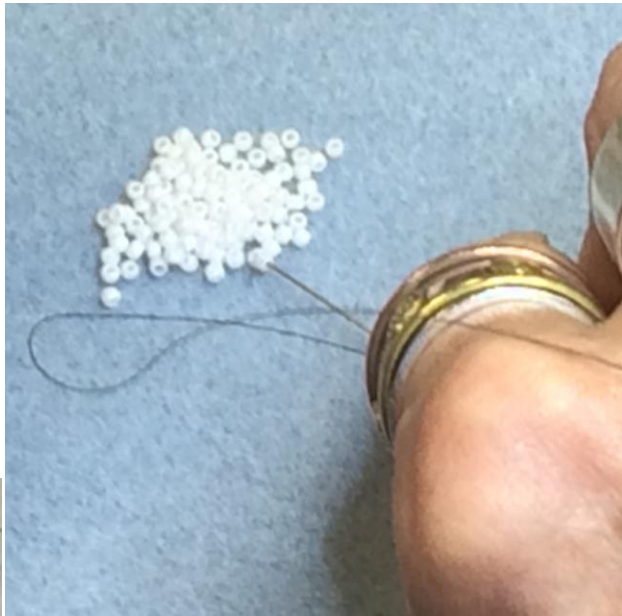


Go up through 2 and down through 2, leaving an 8" tail.



Pick up 2B,

down 2A to the left,



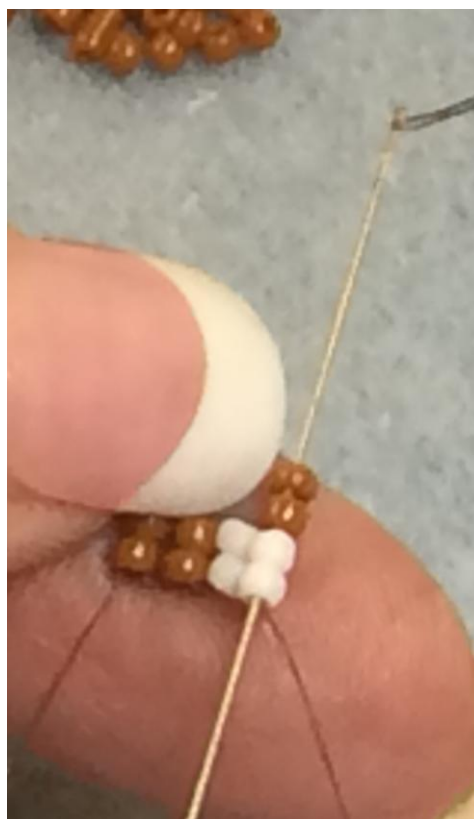
and up through the 2 just added.



Pick up 2B,  
down through the 2B to the left  
and up through the 2B just added.



Pick up 2A, up through the 2B to the left  
and down through the 2A just added.



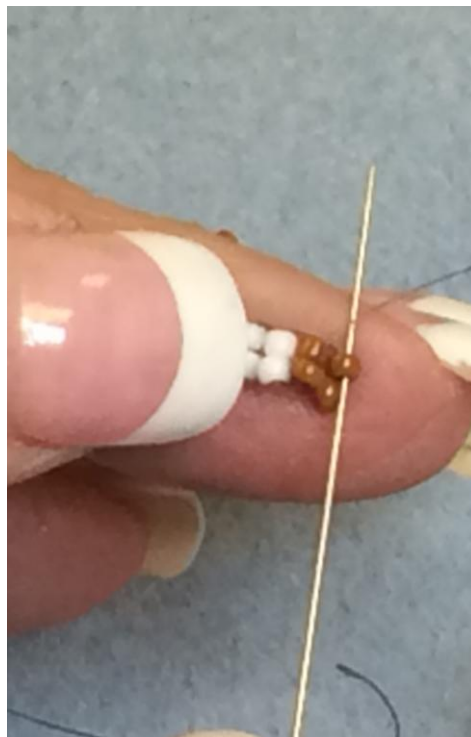
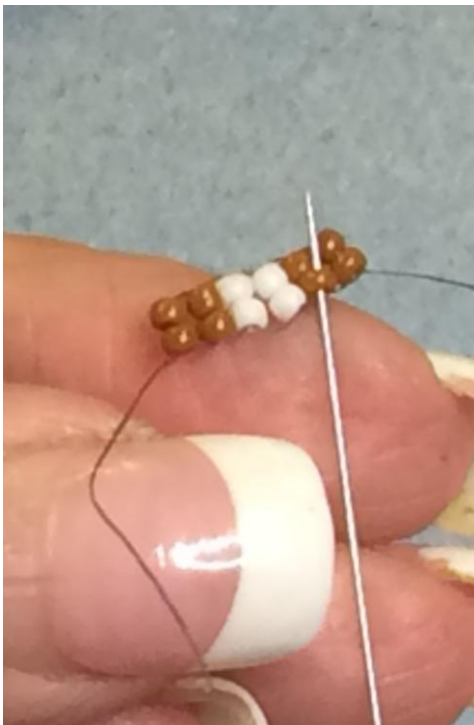




Pick up 2A, down through the 2A to the left and up through the 2A just added.



To step up, go back down 1 A to the left and up through 1A on the right, ending through the top of the edge bead.



A complete unit is made in 2 parts.  
Part 1: 2-drop herringbone as follows:

Pick up 4A,

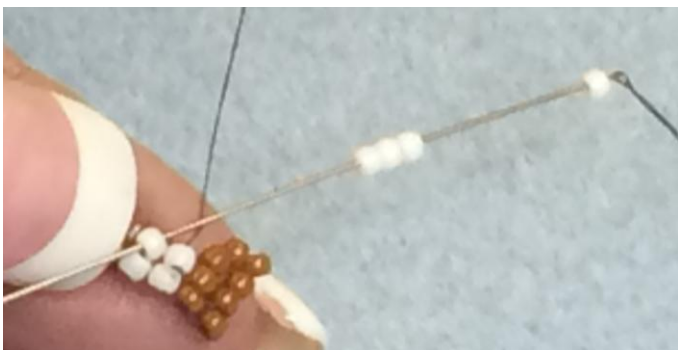


go down 1A in the next column,

and up 1B to the right.



Pick up 4B, go down 1B



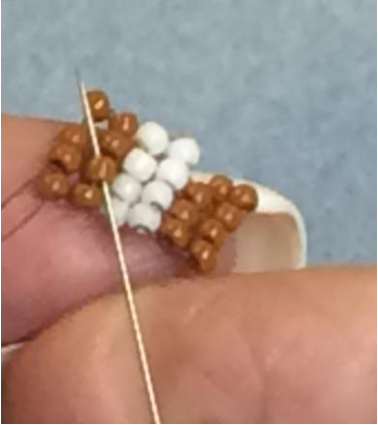
& up the next  
1A to the left.





Pick up 4A, go down through the last 1A

and **Step Up** by going up 1A to the right



Then go to the right 1 more A and sew up through the next, coming out of the last bead in the row.



Continue until there are 10 beads in each column.



This concludes Part 1.

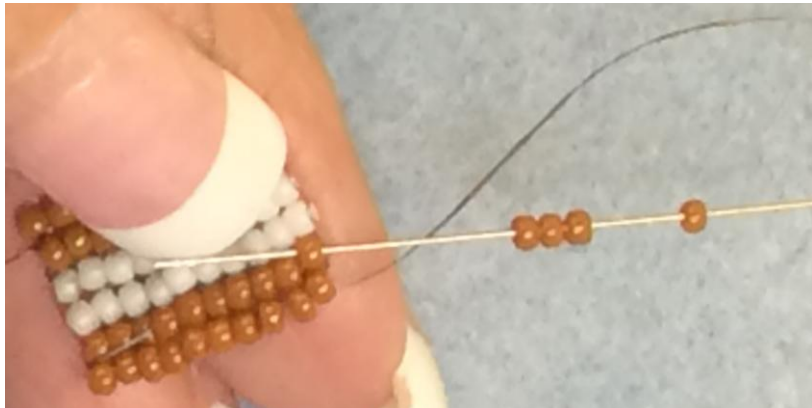


## Part 2:

Starting on left edge, begin 2-drop square stitch as follows

Pick up 4A,

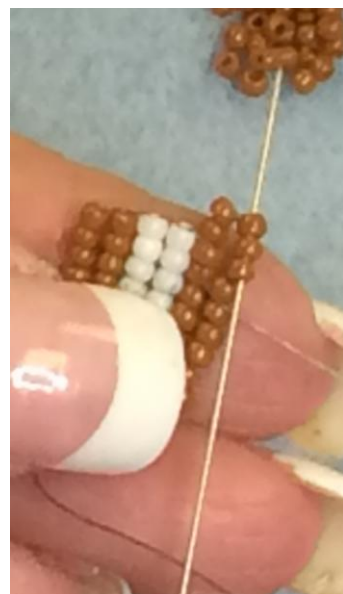
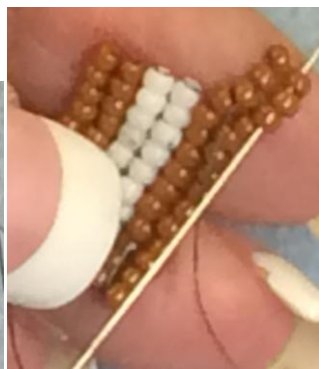
go down 1A in next column,



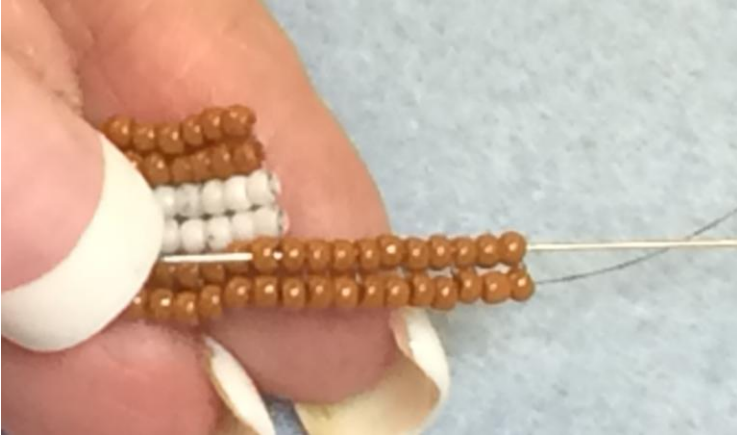
then up 1A & 2 new beads  
to the left.

Repeat this stitch until there are 10 beads in this column.

**\*\*\*add another set of beads here if you want to twist your  
columns. If so there should be 12 beads in each column.**



Weave down 11 beads



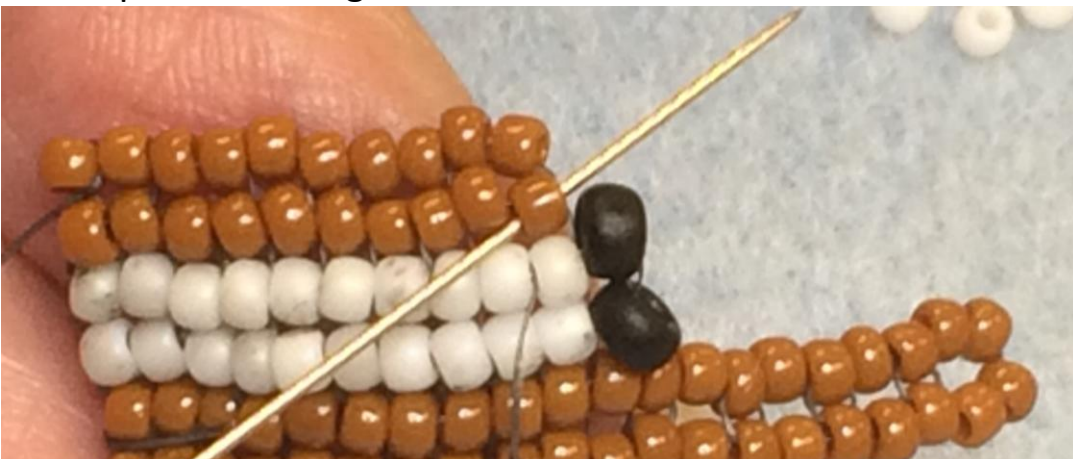
and up 1B to the right.



Pick up 2 C bead (SIZE 8), and down through the next 1B to the right,

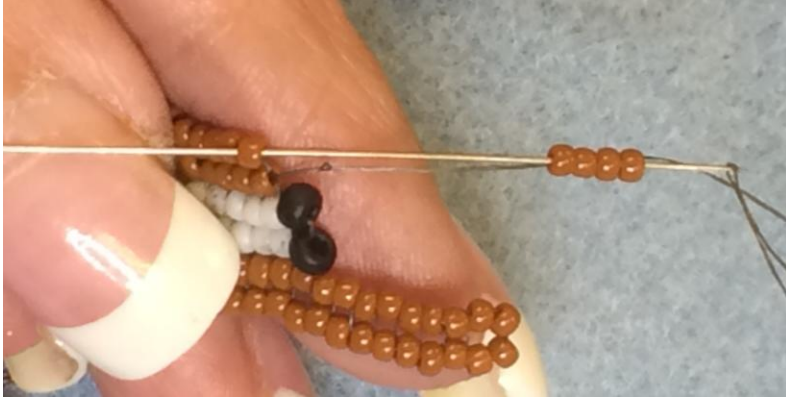


then up 1A to the right.

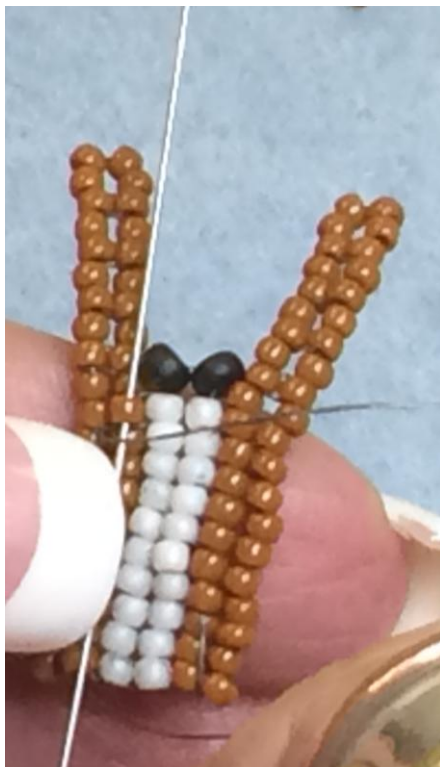
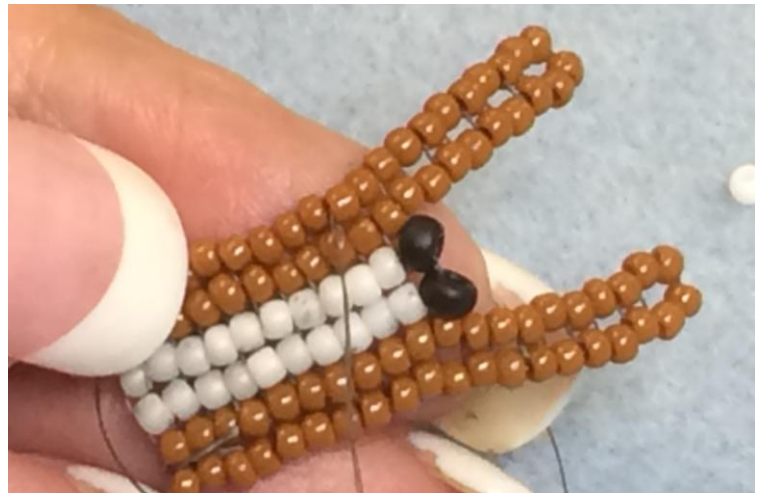




Repeat 2-drop square stitch column,

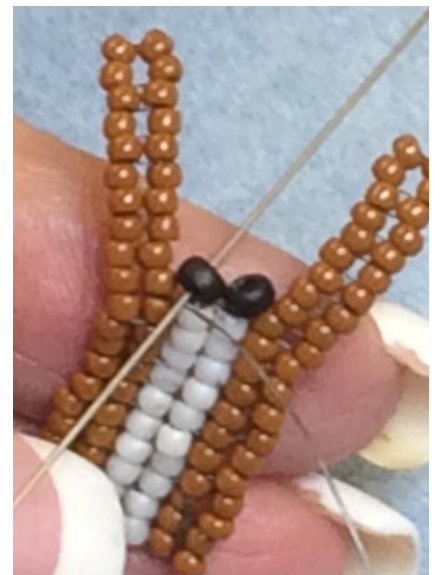


weave down 10 beads

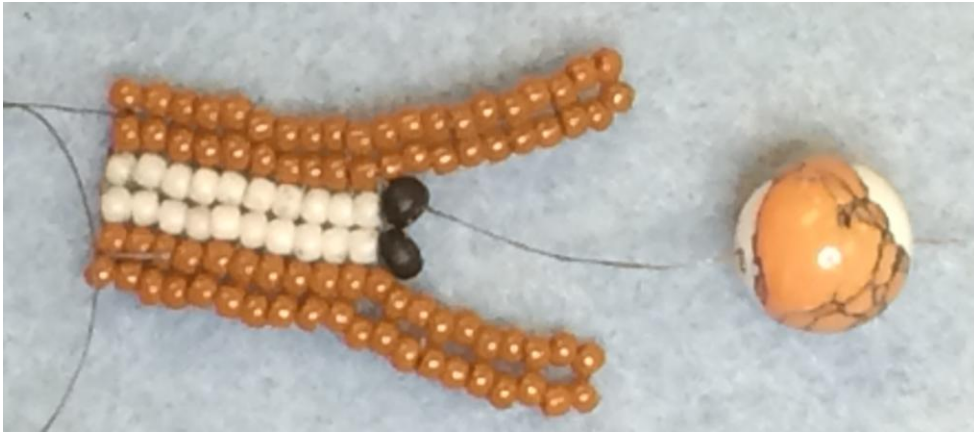


Weave back up the 1A to the right.

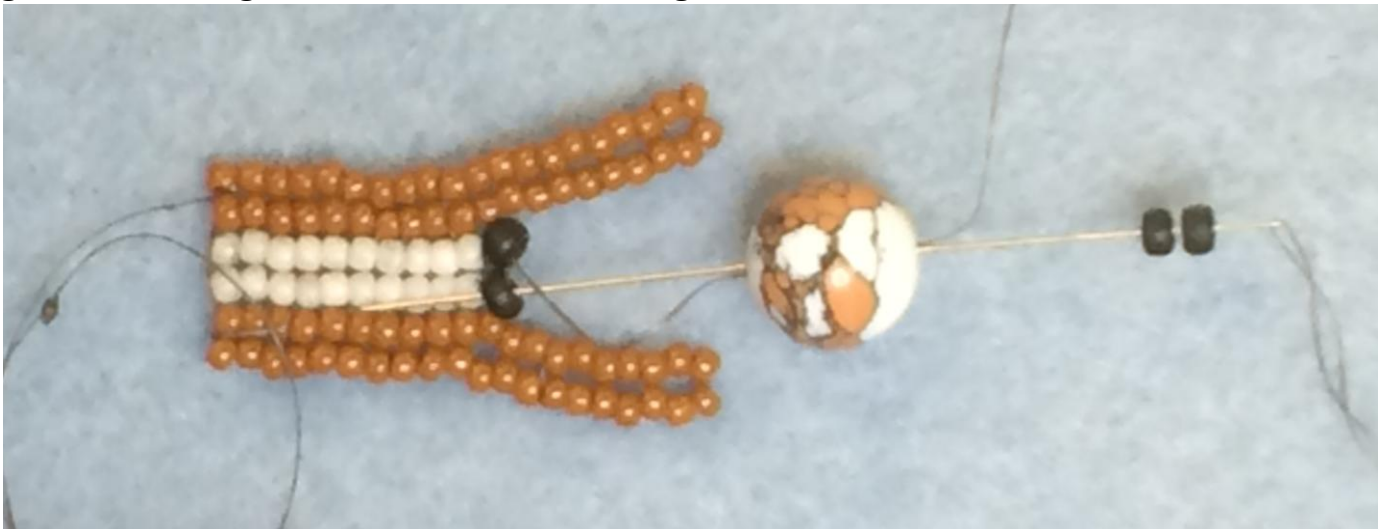
and weave up the 1C to the right.



Pick up 1D (10mm round) and 2C,

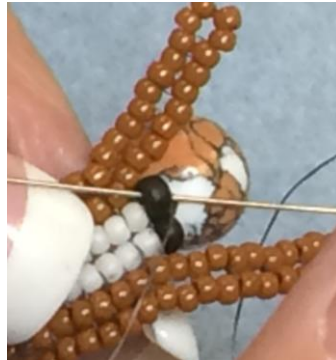


go back through the D and down through the 1C on the left.





Go back through the same path to lock in the beads.



Weave up to top outer edge of the column.





\*\*\*If you want, add a twist to your columns before anchoring them. The twist makes the columns shorter so you may have to add more rows.



Twist the column twice to the left and anchor by going up 1C, down 1C.



Twist the other column twice to the right, hold with your thumb and go up 1A, down 2A at the edge, up 1A to the left, then 1A to the right to be coming out of the top of the edge 11A.  
Pull everything tight.

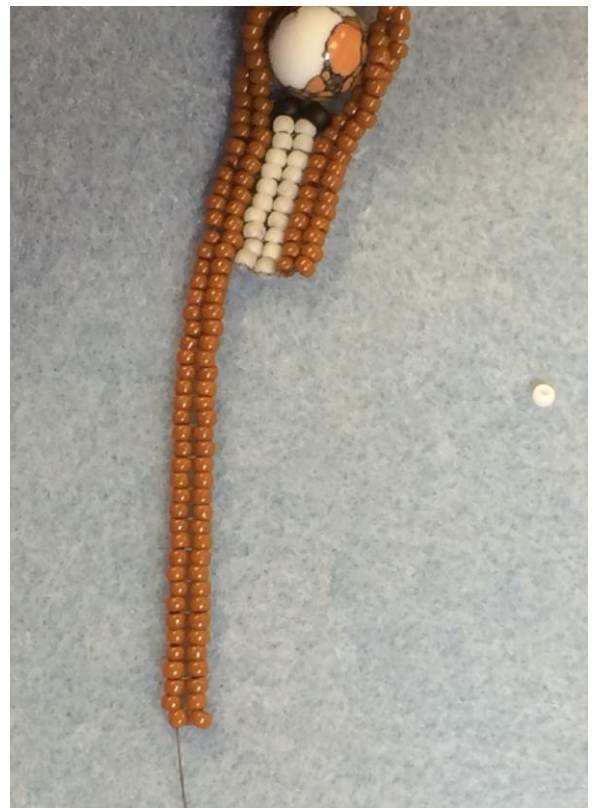
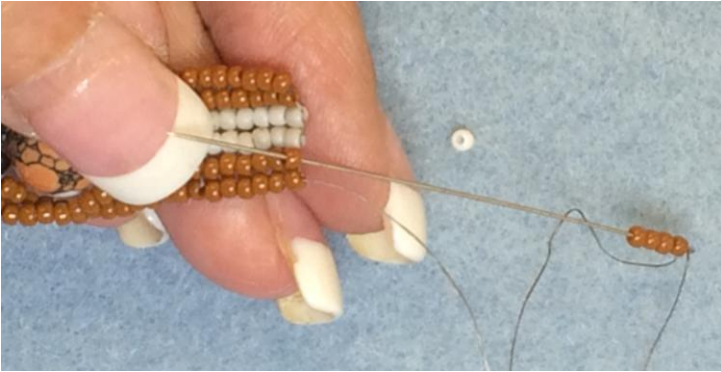
This concludes Part 2.

Repeat Parts 1 and 2 14 times, plus Part 1 again (15 D).  
This makes me a three wrap bracelet.

Test on your arm, and if it seems short add other units as necessary, ending with Part 1, the top bead from the edge.

Make a Button Loop:

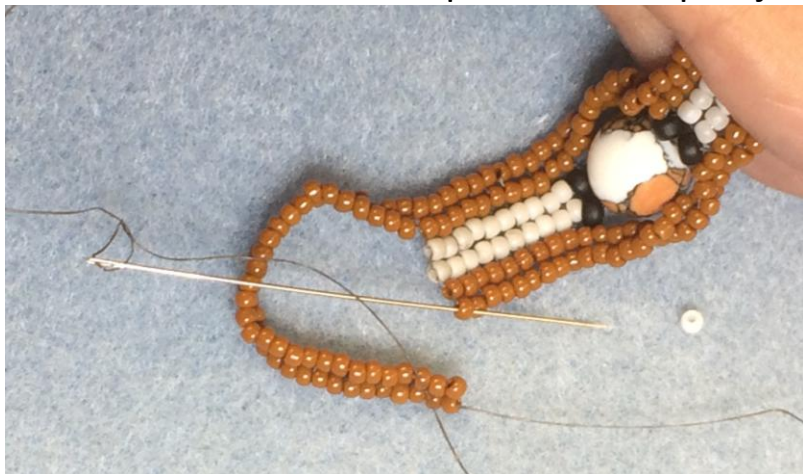
Work a 2 drop Square Stitch off of the end for about 2".





Bring the loop around to the other side.

Sew down 2 A, over 1 & up into the loop to join the ends.



Pull Tight.

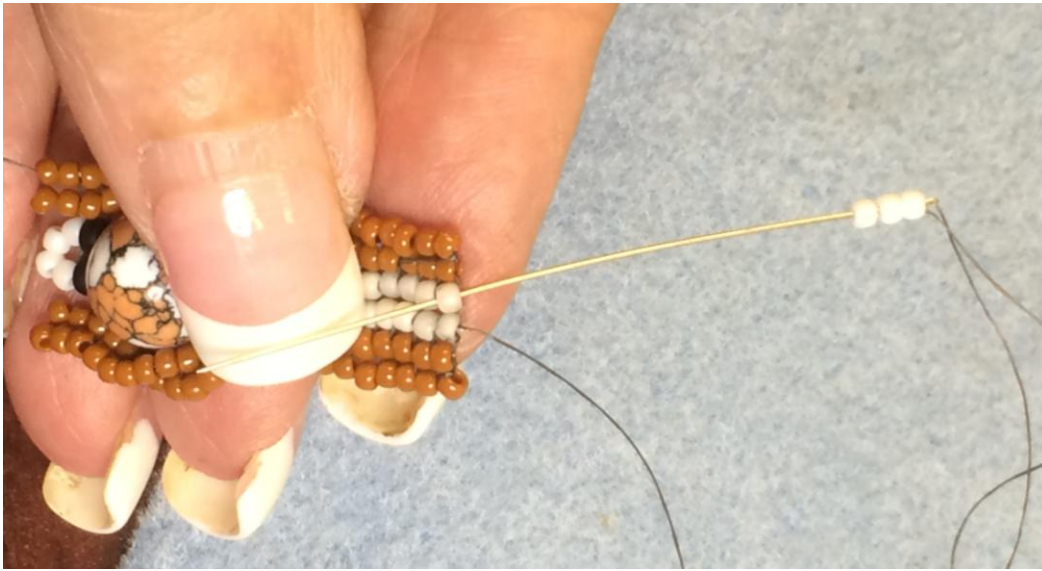




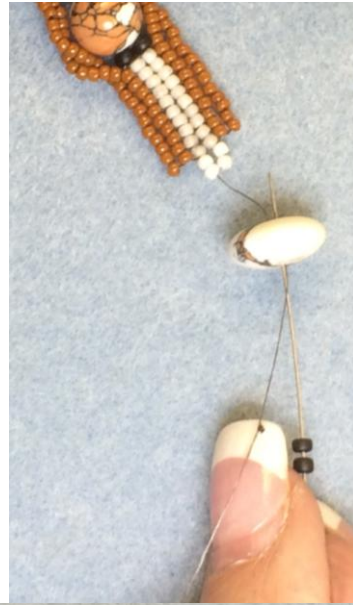
Sew a Bead or button to the other end.  
Come out of the center column B.



Pick up 4 B beads and go down the B to the left.



Sew through a disc bead, pick up 2 D beads, then go back down through the disc and into the column below to anchor. Sew around several times for strength & pull tight.





One way I put this bracelet on myself is to hold the button with my thumb and wrap around. Then I slide the loop over the button with my fingers.



Enjoy!